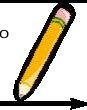
an asset checklist

Many people find it helpful to use a simple checklist to reflect on the assets young people experience. This checklist simplifies the asset list to help prompt conversation in families, organizations, and communities. NOTE: This checklist is not intended nor appropriate as a scientific or accurate measurement of developmental assets.



	1.	I receive high levels of love and support from family members.		20. I go out with friends with nothing special to do two or fewer nights each week.
	2.	I can go to my parent(s) or guardian(s) for		21. I want to do well in school.
		advice and support and have frequent, in-depth conversations with them.		22. I am actively engaged in learning.
	3.	I know some nonparent adults I can go to for advice and support.		23. I do an hour or more of homework each school day.
	4.	My neighbors encourage and support me.	<u> </u>	24. I care about my school.
		My school provides a caring, encouraging environment.	Ц	25. I read for pleasure three or more hours each week.
	6.	My parent(s) or guardian(s) help me succeed in school.		26. I believe it is really important to help other people.
		I feel valued by adults in my community.		27. I want to help promote equality and reduce world poverty and hunger.
U	8.	I am given useful roles in my community.		28. I can stand up for what I believe.
	9.	I serve in the community one hour or more each week.		29. I tell the truth even when it's not easy.
П	10	I feel safe at home, at school, and in the		30. I can accept and take personal responsibility.
	_ 3	neighborhood.		31. I believe it is important not to be sexually active
	11.	My family sets standards for appropriate conduct and monitors my whereabouts.		or to use alcohol or other drugs. 32. I am good at planning ahead and making
	12.	My school has clear rules and consequences		decisions.
		for behavior.		33. I am good at making and keeping friends.
	13.	Neighbors take responsibility for monitoring my behavior.		34. I know and am comfortable with people of different cultural/racial/ethnic backgrounds.
	14.	Parent(s) and other adults model positive, responsible behavior.		35. I can resist negative peer pressure and dangerous situations.
	15.	My best friends model responsible behavior.		36. I try to resolve conflict nonviolently.
	16.	My parent(s)/guardian(s) and teachers encourage me to do well.		37. I believe I have control over many things that happen to me.
	17.	I spend three hours or more each week in lessons		38. I feel good about myself.
		or practice in music, theater, or other arts.		39. I believe my life has a purpose.
	18.	I spend three hours or more each week in school or community sports, clubs, or organizations.		40. I am optimistic about my future.
	19.	I spend one hour or more each week in religious		

services or participating in spiritual activities.